



Baby Massage Instruction

Price: £350

Summary:

This course will teach you to become a Baby Massage Instructor so that you can hold classes for parents or carers who would like to learn this amazing skill. Once you have passed this course you can safely massage babies one to one or hold small group sessions by demonstrating on a baby doll. This course is great for Beauty Therapists with level 3.

Course duration: Theory completed at your own pace as home study.

Practical session: Half a day

Accreditation: ABT

What will the course cover?

What is Baby Massage

Benefits of Baby Massage

Baby and infant development

Equipment and preparation

Salon, service health and safety

Contraindications

Health and hygiene

Treatment procedure and techniques to aid ailments

Suitable toys and resources

Aftercare

Pre- requisites Level 3 full Body Massage qualification required one-year practical experience.

Level 3 certificate in Anatomy and Physiology.

Dress code Tunic and black trousers.



Useful information:

Once you have enrolled onto the course and paid the course fee, you will be sent the manuals and questionnaire.

The questionnaire must be completed as home study and emailed back to your tutor to check you have passed the first part of the course.

You must print and bring the manual to the practical session upon completing the questionnaire.

Products and equipment are provided on the day.

For the practical session you will need to show that you can confidently complete the techniques.

If you fail the practical session another training day will be rearranged, you will be charged for this.

Once the practical session is complete you will be sent the certificate via email.

Course duration may vary depending on learning speed and class size.

As your course is accredited this will allow you to gain insurance, work self-employed in a salon, from home or mobile.