



Facials

Price: £210

Summary:

This Facial course will teach you the core foundations of tranquilizing Facials.

The student will learn how this relaxing treatment helps to revitalize and refresh the client's skin.

Different techniques will be shown such as exfoliate, steam, extract and massage also with the use of skin products.

Course duration: Theory completed at your own pace as home study.

Practical session: Half a day

What will the course cover?

Health & safety

Code of practice for hygiene in beauty salons

Sterilisation & disinfecting

The appearance of the therapist

Ergonomics

Facials

Bones of the face

Bones of the shoulders, chest and spine

Muscles of the face

The circulatory system

The respiratory system

The lymphatic system

Skin anatomy

Skin facts

The function of the skin

Skin analysis

Skin types and conditions

Skin conditions

Client consultation

Consultation form

Contraindications

Contra-actions

Equipment for Facials

Preparation of the work area

Cleansing the eye area

Cleansers

Toners

Ampoules

Eye cream/gel/fluid

Serums



Masks
Moisturisers
Sun protection
Exfoliators
Facial techniques
Extraction
Massage
Types of Facials
Treatment procedure for luxury facial
After care

<u>Pre - Entry requirements:</u>	Suitable for beginners
<u>Dress code:</u>	Tunic and black trousers
Accreditation:	ABT

Useful information:

Once you have enrolled onto the course and paid the course fee, you will be sent the manuals and questionnaire.

The questionnaire must be completed as home study and emailed back to your tutor to check you have passed the first part of the course.

You must print and bring the manual to the practical session upon completing the questionnaire.

Products and equipment are provided on the day.

For the practical session you will need to show that you can confidently complete the techniques.

If you fail the practical session another training day will be rearranged, you will be charged for this.

Once the practical session is complete you will be sent the certificate via email.

Course duration may vary depending on learning speed and class size.

As your course is accredited this will allow you to gain insurance, work self-employed in a salon, from home or mobile.

During group sessions you will work on each other.